



PATH FOUNDATION



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COMMUNITY REPORT

LIVE, PLAY, WORK, GROW!

We're excited to continue our efforts to make this a great place to live, work, play and grow—for everyone.

Friends and neighbors,

The PATH Foundation is fortunate to be part of a strong, supportive community. This strength has shown through the COVID-19 pandemic, as volunteers, nonprofits, businesses and other organizations have stepped up to provide for our people in challenging times. Regardless of where challenges arise, our community is committed to helping our neighbors.

The PATH Foundation's mission is to strengthen the health and vitality of our community. We work toward this goal each day through collaboration with area nonprofits and organizations in the areas of access to health, childhood wellness, mental health and senior services. In addition to these four focus areas, the PATH Foundation is also committed to addressing equity issues and systemic racism faced by people of color here in our community.

Many organizations in the area have stepped up to help those in need these past few months – organizations that help make our community stronger year in and year out. We believe it is vital to share their stories in times like these to remind us of our collective impact when we band together to help each other.

Behind these stories are just a few of the organizations that help make the PATH Foundation's work possible.

I hope that you're inspired by reading about the work that happens all around us each day. On behalf of our dedicated staff, volunteer Board of Directors and committee members, we're excited to continue our efforts to make this a great place to live, work, play and grow—for everyone.

Wishing you health,

Christy Connolly

PATH Foundation President and CEO



Mission Statement & Brief Overview

The PATH Foundation's mission is to **strengthen the health and vitality of our community in Fauquier, Rappahannock and northern Culpeper Counties.**



Fauquier

Rappahannock

Culpeper

Where we serve.

We are working to help Fauquier, Rappahannock and Culpeper counties become even stronger places where everyone can live, play, work and grow.

\$29.9 Million

total invested in our community since 2014.



PATH Resource Center

The PATH Resource Center began as a partnership with the Charlottesville-based Center for Nonprofit Excellence (CNE), and it has grown to include the PATH Volunteer Hub, PATH Community Link and a Warrenton office for CNE. In addition, the PATH Resource Center provides community meeting rooms (available free of charge to nonprofits), and houses office space for both the Fauquier Chamber of Commerce and Leadership Fauquier.



PATH
Volunteer Hub

The PATH Volunteer Hub is a one-stop shop for matching your interests and schedule with volunteer opportunities. With an easy-to-use website, letsvolunteer.org, volunteers can get connected with hundreds of opportunities from local organizations that post their needs on the site. In FY 2019, there were 2,905 volunteers and 150 agencies making a difference in the community.



PATH
Community Link

PATH Community Link is a free, confidential call center service that connects community members in need with area organizations and services. They can refer you to services that help with needs ranging from food and transportation to translation, access to health, case work, housing and more. If you or someone you know needs resources, contact Community Link at **855-495-LINK (5465)**, or email communitylink@pathforyou.org. Se habla Español.



The Center for Nonprofit Excellence at the PATH Resource Center offers tools, training, consulting and resources to nonprofits in the PATH Foundation footprint. With a goal to help strengthen the impact of nonprofits in the community, they offer classes, workshops, access to the Foundation Directory Online and many more services.



With personalized assistance, **Community Link** connects people in need with local or national resources that can help.

Roberto's Story: It takes a community.

When someone is in need, community support can make a big difference. Roberto, who moved to Fauquier County from Maryland, experienced that first-hand. As a senior citizen who spoke limited English, navigating the world of healthcare presented Roberto with a set of challenges that may be familiar to families with medical difficulties. After visiting the Fauquier Free Clinic, Roberto was referred to PATH Community Link. He has received personalized assistance tailored to his needs, like finding transportation to doctor's appointments, translating paperwork, coordinating appointments for multiple providers, or sometimes just having someone to listen with compassion.

"I was going through a very difficult time, but PATH Community Link has been very helpful through this process," said Roberto. Through the coordinated care of the Fauquier Free Clinic and other organizations in the community, Roberto was able to get back on his feet. "The whole process has improved my life. I came to this county with lots of problems, especially in regards to my health, and all of that has improved drastically," he said with a smile. Community Link Manager Yesenia Reyes agreed that Roberto is doing well. "Now, his health issues are under control; he's walking, and he is on the right track," said Reyes. "It takes a community to help an individual, and at the end of the day, we all came together to change his life for the better."

"I was going through a very difficult time, but **PATH Community Link** has been very helpful through this process."



Summer Intern Program

Every year, the PATH Summer Internship Program hires college students and recent graduates for a nine-week internship experience. In the program, interns are paired with a nonprofit that supports PATH's mission or placed within PATH Foundation offices.

Summer interns also work together on a group project. Last year, interns created "PATH to Kindness," a program which encouraged kindness to both the community and to self. The project included several pop-up events and a "Kindness Walk" that brought the community together to practice kindness by packing bags for homeless shelters, learning about positive mental health strategies and more.

Interested in the Summer Intern Program? Learn more about the program and application process at www.pathforyou.org/interns.

2019 Interns

Cierra Chambers

Commit to Be Fit

Julia Estes

Warrenton Aquatic Recreation and Fitness Center (WARF)

Breanna Hill

Fauquier Excellence in Education Foundation

James Jorgensen

Aging Together

Lori Leidenheimer

Rappahannock-Rapidan Health District (VDH)

Asma Noman

Northern Piedmont Community Foundation

Grace Overman

Mental Health Association of Fauquier County

Helen Scherer

PATH Foundation Communications

Amber Taylor

PATH Resource Center

Caitlin Wagner

The Clifton Institute

Stephanie Weber

Fauquier Reaches for Excellence in School Health (FRESH)

Katherine Wright

FCPS Virginia Preschool Initiative

Community Engagement

BOOKS ON THE BUS

Teaming up with Books on the Bus, Fauquier County Public Schools, and The Open Book, PATH helped bring people together with a community picnic, featuring author Kwame Alexander. Alexander read books to local children and their families—who also played games and enjoyed a cookout and ice cream truck to beat the summer heat – to promote literacy and community vitality.

WHEEL OF GOOD FORTUNE

In December, the PATH Foundation spread holiday cheer with the Wheel of Good Fortune. All over our footprint, residents spun the wheel for a chance to win a donation to a local nonprofit of their choice. 245 people spun the wheel, resulting in a total of \$26,250 going to the area nonprofits they selected. Fauquier FISH topped the list with \$2,900, and Fauquier SPCA was a close second with \$2,650.

HIGH SCHOOL GIVING

In May 2019, PATH Foundation's High School Giving program provided every high school senior in our footprint with \$25 to donate to a local nonprofit. In all, more than 1,300 seniors participated, bringing the total donations to \$32,625. By engaging with nonprofits, students learn the benefits of philanthropy first-hand, and connect and contribute to the causes they care most about.

FOCUS ON PRESCHOOL INITIATIVES

Virginia's First Lady, Pam Northam, visited Warrenton to discuss early education grants and local preschool initiatives, including Books on the Bus, a Fauquier County Public Schools program and PATH Foundation grantee. During her visit, she read stories to children, toured Books on the Bus and held a meeting with several community leaders and stakeholders.



LET'S VOLUNTEER DAY

Each year, the PATH Volunteer Hub brings the community together for a day of service with Let's Volunteer Day. In 2019, more than 500 volunteers mobilized to complete over 40 projects for local nonprofits. The projects covered a range of interests and needs. From packing purses with hygiene supplies for homeless women, to gardening on Haiti Street, assembling Easter Eggs for families, or planting flowers to beautify Old Town Warrenton, there was something for every age.





List of Grantees

- | | | |
|---|---|--|
| Aging Together | Friends of Sky Meadows State Park | Rappahannock County Department of Social Services |
| Artists in Middleburg | Friends of the Fauquier Library | Rappahannock County Public Schools |
| Boys & Girls Club of Fauquier | Friends of the Rappahannock | Rappahannock Friends and Lovers of Our Watersheds (RappFLOW) |
| Bull Run Mountains Conservancy, Inc. | Girls on the Run Piedmont | Rappahannock Pantry, Inc. |
| Child Care & Learning Center | Headwaters Foundation | Rappahannock Rapidan Community Services |
| Community Foundation for Loudoun and Northern Fauquier Counties | Hero's Bridge | Rappahannock-Rapidan Health District |
| Community Touch | Hospice Support of Fauquier County | Rappahannock-Rapidan Regional Commission |
| Cornerstone Baptist Church | Kid Pan Alley | Remington United Methodist Church |
| Culpeper County | Land Trust of Virginia | SpiritWorks Foundation |
| Experience Old Town Warrenton | Leadership Fauquier | St. Stephen's Episcopal Church |
| Families 4 Fauquier | Liberty High School | The Arc of North Central VA |
| Fauquier CADRE | Lord Fairfax Community College Educational Foundation | The Bridge Community Church |
| Fauquier Community Child Care, Inc. | Master Gardener Association of Fauquier and Rappahannock Counties | The Clifton Institute |
| Fauquier Community Food Bank and Thrift Store | Mountain Vista Governor's School Foundation | The Plains Community League (TPCL) |
| Fauquier Community Theatre | Mountainside Montessori | The Salvation Army |
| Fauquier County Government | National Capital Area Council Boy Scouts of America | Town of Remington |
| Fauquier County Public Library | New Pathways Tech, Inc. | Town of Warrenton |
| Fauquier County Public Schools | Northern Piedmont Community Foundation | Verdun Adventure Bound, Inc. |
| Fauquier County Youth Orchestra | Northern Virginia Therapeutic Riding Program | Virginia College Advising Corps |
| Fauquier Education Farm | Piedmont Dispute Resolution Center | VolTran |
| Fauquier Enterprise Center | Piedmont Journalism Foundation | Warrenton Fields Association |
| Fauquier Family Shelter Services, Inc | Piedmont Symphony Orchestra | Windy Hill Foundation |
| Fauquier FISH | Rapp Center for Education | Youth For Tomorrow |
| Fauquier Free Clinic | Rapp@Home | |
| Fauquier Habitat for Humanity | | |
| Fauquier Youth Livestock Advisory Council | | |

Summary of Grants

The PATH Foundation offers several grant cycles during the year to help nonprofits and government agencies better our community. Program and Planning grants and General Operations grants are annual grant cycles, that must correlate to one of our four priorities: access to health, childhood wellness, mental health or senior services. Make it Happen grants and Technical Assistance grants are accepted on a rolling basis, and projects funded by these grants increase vitality and service within our community.



MAKE IT HAPPEN

Make It Happen grants foster the can-do attitude of our region and promote creativity. Make It Happen grants aim to inspire fresh ideas from new voices in the community.

PROGRAM & PLANNING

Program and Planning grants are 12-month grants to fund new or existing projects that align with either access to health, mental health, childhood wellness or senior services.

GENERAL OPERATIONS

General Operations grants provide unrestricted funding for the smooth running of strong nonprofits. The purpose of these grants is to empower nonprofits, and promote principles of best practice that any nonprofit can accomplish.

TECHNICAL ASSISTANCE

Technical Assistance grants help organizations operate more effectively. Funds can be used to offset the cost of a consultant, tool, or training opportunity that can help a nonprofit achieve its mission.

Grant Highlights

FAITH COMMUNITY NURSING

Through a partnership with Shenandoah University, the PATH Foundation offered a Faith Community Nursing (FCN) certificate program at no cost to local registered nurses. FCN focuses on a holistic approach to health, including body, mind and spirit. Trained FCNs can provide this community-based healthcare to members of their faith community. Each nurse that completed the course was eligible to apply for a grant to begin an FCN program within their congregation.

YOUTH FOR TOMORROW

Youth for Tomorrow (YFT) received \$75,000 to open their Fauquier Behavioral Health Office in Warrenton, where YFT provides a large array of services for youth and their families. These include outpatient substance abuse programs for adolescents, diagnostic assessment and evaluation, and individual and family therapy.



VIRGINIA COLLEGE ADVISING CORPS

The Virginia College Advising Corps, a state Americorps program, received \$95,000 to fund the placement of college advisors at four area high schools: Culpeper County High School, Eastern View High School, Liberty High School and Rappahannock County High School. The advisors provide admissions, financial aid, and career or trade advising to help each student find their perfect fit after high school.

OPIOID RIPPLES

The Piedmont Journalism Foundation received \$15,000 to fund the Opioid Ripples Project. With Foothills Forum, they documented the opioid epidemic in our area in a four-part series which shared stories of individuals and organizations involved in the crisis. The series was published in four major regional publications: Fauquier Times, Fauquier Now, Culpeper Star-Exponent and Rappahannock News.

Grant Spotlight

SPOTLIGHT ON ACCESS TO HEALTH AND MENTAL HEALTH

For many, finding a therapist can be difficult, especially in a rural area. Fortunately, there's an alternative: telehealth programs. With support from PATH Foundation funding, the Fauquier Free Clinic offers virtual therapy sessions, averaging 120 sessions each month. The services have helped get many eligible county residents access to mental health care. It doesn't stop with mental health, either. The Fauquier Free Clinic also provides an oral healthcare program for its clients. A \$64,000 grant helps the Clinic to give its patients access to important dental care services.



RAPPAHANNOCK PANTRY

Rappahannock Pantry received \$42,940 in grant funds to build an upgraded facility in Washington, Virginia, which will allow them to expand and better serve Rappahannock County residents in need.

RAPPFLOW OUTDOOR LEARNING COURTYARD

RappFLOW (Friends and Lovers of Our Watersheds) received a \$10,000 grant to partner with Rappahannock County Elementary School for an ecological courtyard renovation project, including an outdoor learning space and a vegetable garden.

SKY MEADOWS STATE PARK SENSORY TRAIL

A \$19,955 grant to Friends of Sky Meadows State Park helped to fund the creation of a new sensory trail. It features signage and audio features for the blind and visually impaired, creating accessible outdoor recreation for everyone.

RAPP@HOME

Rapp@Home received \$40,000 in grants to support its rural senior village serving Rappahannock County. The village helps facilitate residents aging in place, allowing them to lead more connected and comfortable lives.

ROCKWATER PARK

In partnership with Culpeper Wellness Foundation, the Town of Culpeper and the Northern Piedmont Community Foundation, PATH contributed \$30,000 to help enhance Rockwater Park in Culpeper with a track, obstacle course and climbing boulder. The new and improved park features were chosen based on a survey of area middle- and high-schoolers, who have an exciting new way to pursue wellness.

ANN WINGFIELD COMMONS

Culpeper Housing Assistance and Shelter Services received a \$100,000 grant to support construction and renovation of 44 units at the Ann Wingfield Commons in Culpeper. These homes provide dedicated housing for low income residents, including families with behavioral or other disabilities.

WEEKEND POWER PACKS + POWER OF PRODUCE

This \$98,943 grant to Fauquier FISH provided continued funding for the Weekend Power Pack program, which gives backpacks of meals to children at risk of hunger, and the Power of Produce program, which promotes farmer's market vitality and the purchase of locally grown food.

RAPPAHANNOCK-RAPIDAN COMMUNITY SERVICES

RRCS received \$40,000 to fund the RRCS Transit senior transportation programs. Their services help seniors travel to a senior center and adult daycare, as well as providing home-delivered meal programs.

HAITI NEIGHBORHOOD REVITALIZATION PROGRAM

Fauquier Habitat for Humanity's Haiti Neighborhood Revitalization program received \$1,050,000 in PATH Foundation funding. The program will maintain homes for current residents, in addition to acquiring and renovating homes in the Haiti Street Neighborhood, which ensures access to affordable housing, community engagement, opportunity and stability.



Grant Spotlight

SPOTLIGHT ON SENIOR SERVICES

Hero's Bridge works to help veterans in need. Volunteers or employees often work with veterans who need transportation, companionship, or assistance with a wide variety of tasks. Jack, a veteran, was paired with Jen, a Hero's Bridge social worker. Together, they worked to ensure Jack had everything he needed after facing health difficulties and losing his wife. Whether they're driving to the doctor or helping out around the house, it's clear that Jack and Jen have a special bond that has proved beneficial to Jack's day-to-day life. "Jen put me back on track the way I've always been," said Jack. "Whatever is thrown at me now, is not gonna knock me off my feet."

LORD FAIRFAX COMMUNITY COLLEGE PATH TO SUCCESS

The Path to Success program at Lord Fairfax Community College was funded by a combination of funds from the PATH Foundation and the Virginia Foundation for Community College Education's Rural Virginia Horseshoe Initiative. Path to Success provides extra support to students at Lord Fairfax Community College who are first-generation college students, need developmental support, or experience income constraints. The program also provides study materials and the chance to apply for additional scholarships.

TOWN OF WARRENTON CIRCUIT RIDER

The Town of Warrenton received a \$45,815 grant to maintain enhancements to the Warrenton Circuit Rider, including the addition of a second bus route, along with additional hours of service and stops.

4P FOODS

4P Foods, a benefit corporation, received a \$1.2 million grant to fund the construction of a new food hub in Vint Hill. The hub will manage aggregation, storage, distribution and more, to help get food from local farmers to schools, businesses and families. The funding from the PATH Foundation covered equipment, engineering and architecture plans, and some staffing at the facility.

HERREN WELLNESS AT TWIN OAKS

In 2019, the PATH Foundation began working with Herren Wellness to build a residential addiction recovery center on the outskirts of Warrenton. Expected to open later this summer, the center is the first of its kind in our area and will provide local access to a residential holistic recovery solution for people battling drug and alcohol addiction.

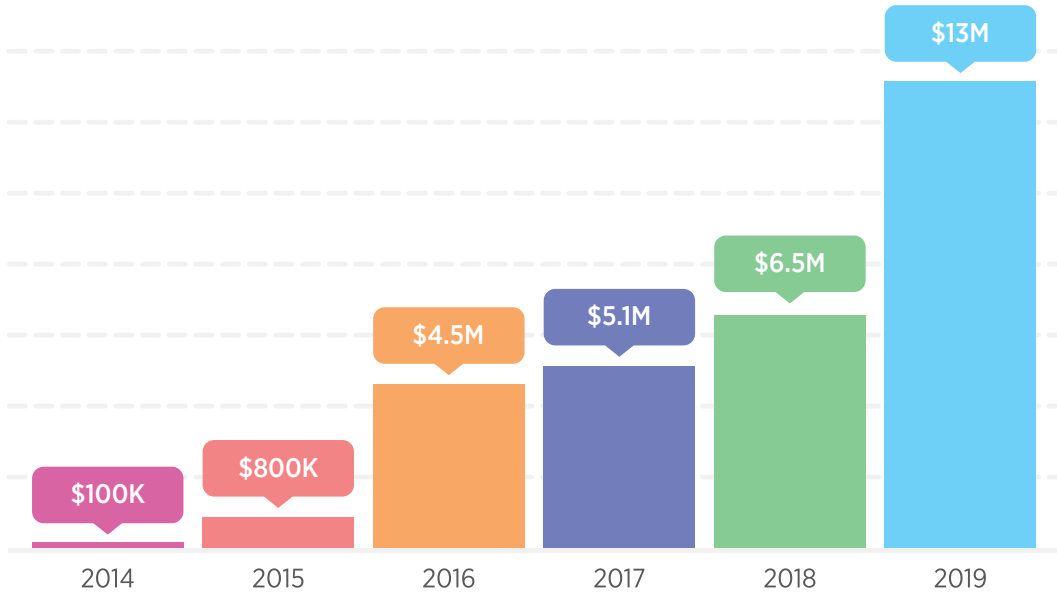
Grant Spotlight

SPOTLIGHT ON CHILDHOOD WELLNESS

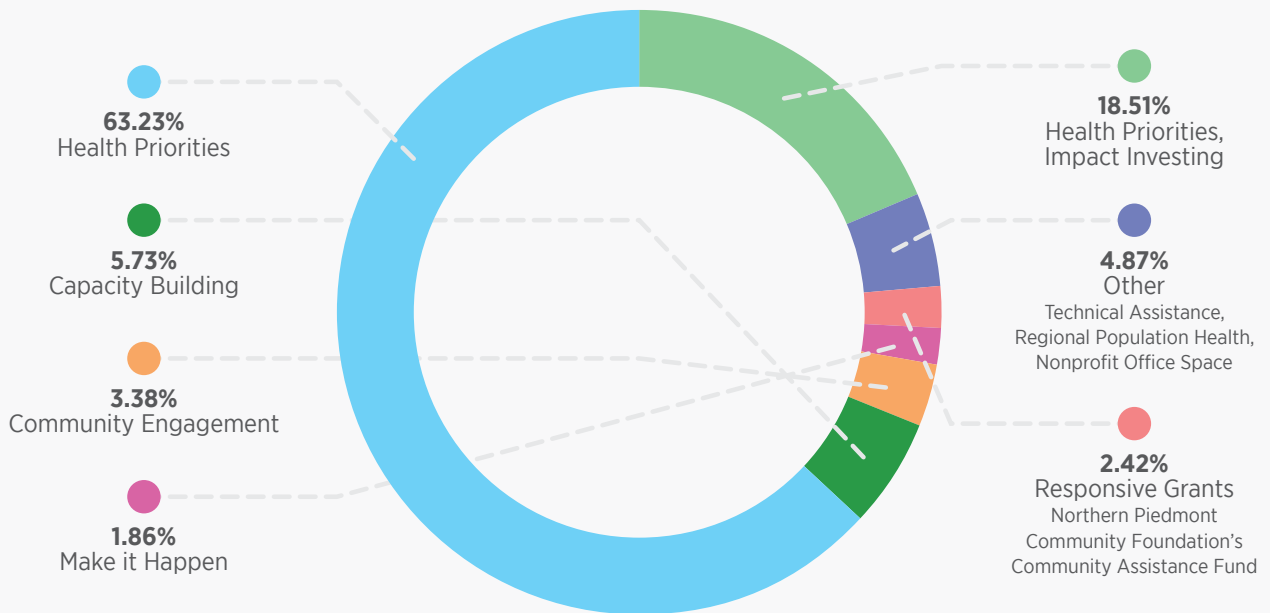
Fauquier Reaches for Excellence in School Health (FRESH) and Commit to Be Fit are two flagship programs serving Fauquier and Rappahannock counties, respectively. Both programs focus on promoting fresh, healthy food in schools, and aim to involve the wider community to create a healthier environment for everyone. In 2019, FRESH continued their work to elevate nutrition, exercise, and after-school enrichment across the Fauquier County School District. Likewise, in 2019, Commit to Be Fit provided community wellness classes, established a neuronasium, and practiced bringing movement to the classroom in innovative ways. Both of these programs take action to create a healthy environment in our local schools and the communities they serve.



Year Over Year Giving Totals



TOTAL BENEFIT TO THE COMMUNITY \$29,936,895



TOTAL \$13,007,683

2019 Giving Allocations

2018–2019
Board of Directors

Raymond Knott
Board Chair

Christy Connolly
President and CEO

Rodger Baker

Betsy Dietel

Marshall DeF. Doeller

Janelle Downes

Powell Duggan
Legal Counsel

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Susan Necci

Amy Petty

Yesenia Reyes

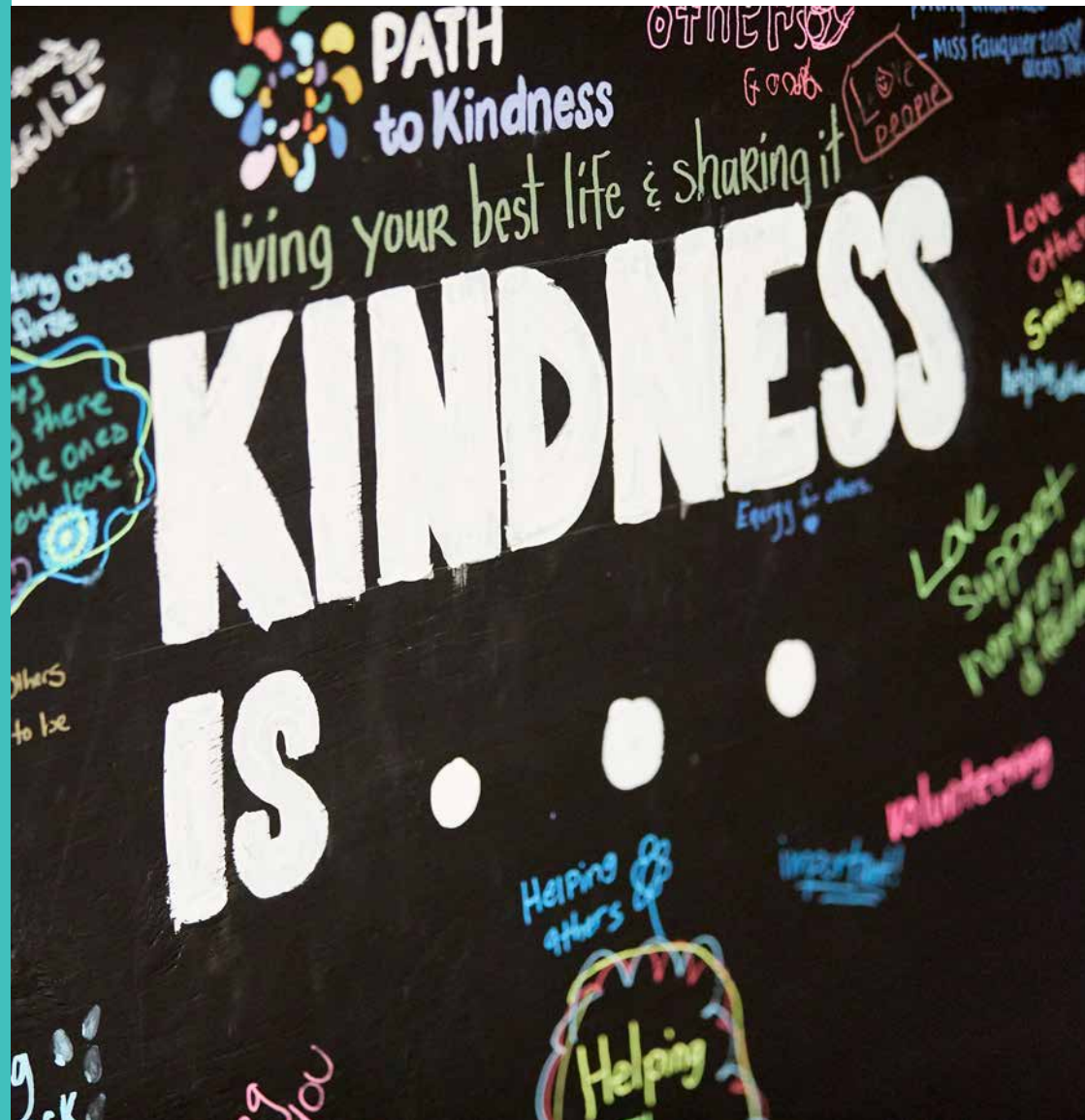
Kelly-Jo Gilkey Settle

Michele Taylor

Margy E. Thomas

Melissa Webster

Darryl White



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